

Galop in association with Central School  
of Speech and Drama invite you to:

challenging homophobic & transphobic hate crime

**galop**

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# VOICE AND MOVEMENT

Free Workshops  
for All trans people

Uncover patterns of voice and body use that feel comfortable to you, communicate the messages that you want to others. Participants will be encouraged to explore and use their voices and bodies in ways which are unapologetic and organic.

*All are welcome, playfulness encouraged!*

**When?** Thursday evenings 7-9 from March 19th.

**Where?** Central School of Speech and Drama

To find out more or book your place, contact Ben;  
**benjamin.gooch@galop.org.uk** or phone **0207 704 6767**.

*Galop is London's anti violence charity; we offer confidential advice and support to people who have witnessed or experienced transphobia. Our helpline number is 0207 704 67 07*

About the tutors:

### **Glen Snowden**

Glen trained at the Royal Ballet School, and has danced extensively with Ballet Companies in Europe, North America and South East Asia. He works at the Drama Centre London where he also teaches a number of styles including jazz, ballet, historical and social dance.

### **Helen Ashton**

Helen trained at The Central School of Speech and Drama, graduating with Distinction from the MA in Voice Studies. She has taught at various London Drama Schools and worked extensively in community settings, including with young offenders, through Knowledge Transfer at CSSD. Helen is committed to helping people from all walks of life to communicate expressively and with ease.

